Windsor Elementary

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Principal Head Teacher Secretary

Pancake Breakfast

Mr. Gary Wong

Mrs. N. Aujla Mrs. L. Cramb Mrs. C. Luongo



December 1st, 2017 Newsletter #5



Dear Windsor Families,

As the Christmas season approaches, the topic in many classrooms is centered around what is important about this very special season. Marketers would have us believe that having the perfect tree or those special presents under the tree signify the importance of Christmas. In reality, Christmas is about good will towards others.

In today's fast-paced world, how do we teach our children to show good will towards others? My belief is that one simple act that shows good will towards others is through showing gratitude. Showing gratitude has as many benefits for the giver as for the receiver. Teaching children how to be grateful from an early age can have an immense impact on them later in life. Dr. Giacomo Bono, Professor of Psychology at California State University and his researchers found that teenagers who had been taught to be grateful and practiced gratitude had the following benefits:

- I. Improved mental health.
- 2. Better social relationships.
- 3. Increased well-being.
- 4. Better physical health.
- 5. Better behaviour.
- 6. Increased ability to self-regulate-control behaviours.
- 7. Spirituality.
- 8. Increased sense of hope.

With all these benefits, it's important that we show kids how to be grateful. How can we do this, here are a few simple suggestions that can be tried at home:

- 1. Teach children what gratitude is and why it is important to be grateful.
- 2. Model gratitude through openly showing gratitude and using language that expresses gratitude.
- 3. Keep a gratitude journal and have your child keep one.

In our society, mental health is one of the major health concerns affecting people. Through practicing simple acts of gratitude, we can help decrease the probability of our children developing both physical and mental health concerns.

Sincerely,

Mrs. N. Aujla

Don't forget pancake breakfast is on Friday Dec. 22nd. Thank you to all of our volunteers in making this always a huge success!

WINTER BREAK

Winter Break is from December 22nd to January 5th inclusive. The school will be closed during this time. Students will **return** to school at 8:55 am on MONDAY, **JANUARY 8,2018**

Happy Holidays!

Windsor R.O.C.K.S. MAN N **R** espect **O** wnership C ooperation K indness S afety

Snowy and Icy Weather Days

On snowy and icy days, we all need to cooperate to keep our students safe. At Windsor, we have many pathways to keep clear. It is not always possible to have all of the snow and ice cleared by the time students arrive at school. We have to prioritize by clearing the main pathways first. Please help us by:

- 1. Ensuring your child is wearing proper winter footwear; boots with good grips.
- 2. Walking slowly with your child along the cleared pathways.
- 3. Walking to school instead of driving; fewer cars on the roads keeps the Windsor area safe.

Students will go outside for recess and lunch every day unless it is pouring rain or extremely cold. Fresh air, exercise and play help students to be ready to learn. Please ensure your child is equipped with winter gear for the recess break and lunch break. This should include:

warm waterproof pants & jacket <u>hat or warm hood</u> <u>boots</u> <u>gloves or mittens</u>

If you are in need of winter gear including boots or coats, please see Kevin Herd or Shahzyah Juma. We have a fairly good assortment of donated items.

Children need to be reminded of the snow rules at Windsor:

- Snowballs may <u>not</u> be thrown on school property. At times we have a specific area for throwing snowballs which is supervised by an adult. Mrs. Aujla will make this decision depending on the snow conditions.
- Students must have appropriate snow gear on snowy days. Younger students should bring a change of dry clothing.
- Show respect for the work of others. Do <u>not</u> damage or destroy snow people or other snow creations that students have made.

PAC News December 2017

New to you Goveana

New to you this year was a great success. Thank you to our coordinators: Michelle Martin-Devins and Julie Somers and our wonderful volunteers: Eli fung, Michelle Martinez and Jennifer Sirmul. We had a few cash donations but many families were wellequipped and exchanged numerous clothing and household items! Thank you for a fabulous event and looking forward to it next year!

Pancake Breakfast

December 22nd 2017

Volunteers will be contacted soon! There will be \$1 donation to help PAC fundraise! Letters will go home next week :)

Santa Photos at Windsor Wednesday, December 6th before and after school and

Friday, December 8th before school only. Please circle your preferred time and return your forms to the main office. Extra pink forms available in the office.

Name:			Division:		
Email: _	Phone #:				
	Please select da	ite and time:			
	Wednesday	8:30-9:30	9:30-10:30		
		3:00-3:30	3:30-4:00		
	Friday	8:15-8:45	8:45-9:15	~	

The Giving Store is now officially cancelled due to lack	
of volunteers and donations. Thank you.	



Let's recycle!

Ave.

PAC

25% match!

Where: Lee's Bottle Depot 7835 Buller

Who: Everyone, not just Windsor parents!

How: No sorting required- just drop off and

go! (in a large white bin marked Windsor)

Why: 100% proceeds go to the Windsor

PLUS

Lee's Bottle Depot provides a





Chinese Language Classes at Windsor Elementary School

Time: 4:00-6:00pm Wednesdays

Classes: Dinosaur Mandarin:age 3-5(for preschool & kindergarten) & Mandarin: Gr.1-7

Curriculum: Junior classes: singing, dancing, art, activities and fun & Senior classes: Reading/writing/Listening / Speaking

Fee:\$185.00/term Inquiry: Pui Ying Christian Services Society (604)821-1262

Head teacher Ms. Flora Chang: puiying.windsor@gmail.com

Thank you to the Burnaby Firefighters for their on going support of snacks.

It is appreciated!

Thank you to Helping Families in Need Society for donating school supplies at the beginning of the school year!

UBC Girlsmarts!

UBC Girlsmarts is a non-profit organization launched by the UBC Computer Science department to help girls spark and sustain an interest in computer science. Our organization has been running workshops since 2004 and we often partner up with various local tech companies (including Microsoft, Amazon, SAP, and many others) to run many different workshops and activities for girls in grades 6 to 12.

This year, we will be offering two grade 6 workshops (in partnership with Microsoft) and one grade 7 workshop (in partnership with SAP). Please note that our workshops are for girls only. Our grade 6 workshops will teach girls about programming their own game, cybersecurity, creating their own webpage, and hardware. The grade 7 workshops are run in partnership with SAP and will teach girls about design thinking, programming, social gaming, and user interface/user experience. If you are interested in learning more, our website is at https://www.cs.ubc.ca/girlsmarts4tech/ or you can contact us at girlsmarts-info@cs.ubc.ca.



Greetings!

November brought us some exciting holiday programs and our pottery club is up and running! A very big thank you to Mr. Ragoobar and Ms. Brown for running this program. Multi sport, hip hop and our Parks and Recreation programs have been a great success along with Mad Science and the CORE program. A huge thank you to BASES for their continued support. Pat Davidson and Cameray's fabulous Community Kitchens program started in November for parents and Azita has tirelessly worked to support our new families in our Tuesday morning conversation group. New To You was a great success and parents supported community members through their generosity as usual! A big thank you to everyone and all that you do!

December brings us holiday spirit and good tidings! Santa photos and Pancake breakfast are due to take place at Windsor and we are grateful for all our volunteers and donors. Please visit us in room 106 for information on how you can help. Parents can sign up for the Christmas Bureau; information available in room 106 but registration is off site. As the holidays roll on, please come see us if you require support. We can direct you to the local support systems in place and hopefully offer you some help in your times of need. Please feel free to pop in and join us for conversation and coffee!

Stay tuned Pottery will be selling their wares so donate generously as proceeds go toward PAC events and the continuation of the club. Cupcake sales will take place December 20th as teachers help support the PAC and bring yummy treats to Windsor.

Also, parenting classes will commence in January along with a food skills course; please see Shaz in room 106 for details or to register. Have a lovely month and happy holidays!

BURNABY CHRISTMAS BUREAU REGISTRATION

We will be located in Metropolis at Metrotown UL (Upper Level) between Winners/Homesense & Big Orange Juice Bar November 15th – December 18th

REGISTRATION TIMES AS FOLLOWS:

Mondays – Fridays 10am - 5pm Saturdays 10am – 3pm

Qualified applicants will receive new toys for their children (16 years & younger). Eligibility:

Burnaby families with low incomes and children 16 years and younger; Low income Seniors; Income Assistance or family with low-income.

Working Families must provide a C-Print for EACH Adult. To obtain one please call: 1-800-959-8281 Press * to speak to an Operator

If you are on Income Assistance a Release of Information from your Ministry Office will replace the C-Print with a childs' care card, birth certificate, passport, etc. and proof of current address. If you have questions or concerns please contact MJ at 604-292-3902.



This year we are asking families to help support the school and community through monetary donations or by offering free programs for our students. Please consider donating to your PAC/school. Tax receipts can be given for any donation exceeding \$25.00.

Please see Shaz or go to the main office if you require further information on how you can help support programs in the school and field trip opportuni-



December 2017

Mon	Tue	Wed	Thu	Fri
				1 Div. 1/2/3 field trip to Vancouver Art Gallery
4	5	6	7	8
Hot Lunch Envelopes GO HOME	After School Program: Holiday Chocolates	Library: Santa Photos Before & After School	NO SCHOOL FOR ONLY DIV. 10/11	Library: Santa Photos before school Popcorn Sale
After School Program: Multi-Sports		After School Program: Hip Hop		K Vision /Hearing Screening
11	12	13	14	15
After School Program: Multi Sports	After School Program: Holiday Chocolates	After School Program: Hip Hop		
18	19	20	21	22
			Windsor ROCKS assembly @ 1:00pm	Pancake Breakfast & Sing-A-Long