



WINDSOR ELEMENTARY SCHOOL

Dave Heard: Principal
Angela Dukic: Secretary
Shahzyah Juma: Community School Coordinator

Shelley Janvier: Head Teacher
Wendy Linnington: Community Connect Worker
Bill Brassington: School Trustee

**October
2020**



Greetings!

As October rolls around we see the leaves changing colours and the fall weather taking hold. We are so happy to see our students at learning at school and online. Thank you to our parents and families that connected with us during our parent-teacher conferences. Our Terry Fox run this month continued with alterations to keep our staff, students, and community safe! The Orange shirt day celebrations were observed, and students participated in meaningful learning experiences in class. Thank you to our grade 6/7 leaders who hosted our Orange Shirt Day assembly. Welcome to Wendy Linnington, our new Youth Connect Worker at Windsor. Wendy is providing support to our students and she is running yoga and felting classes with nominated students.

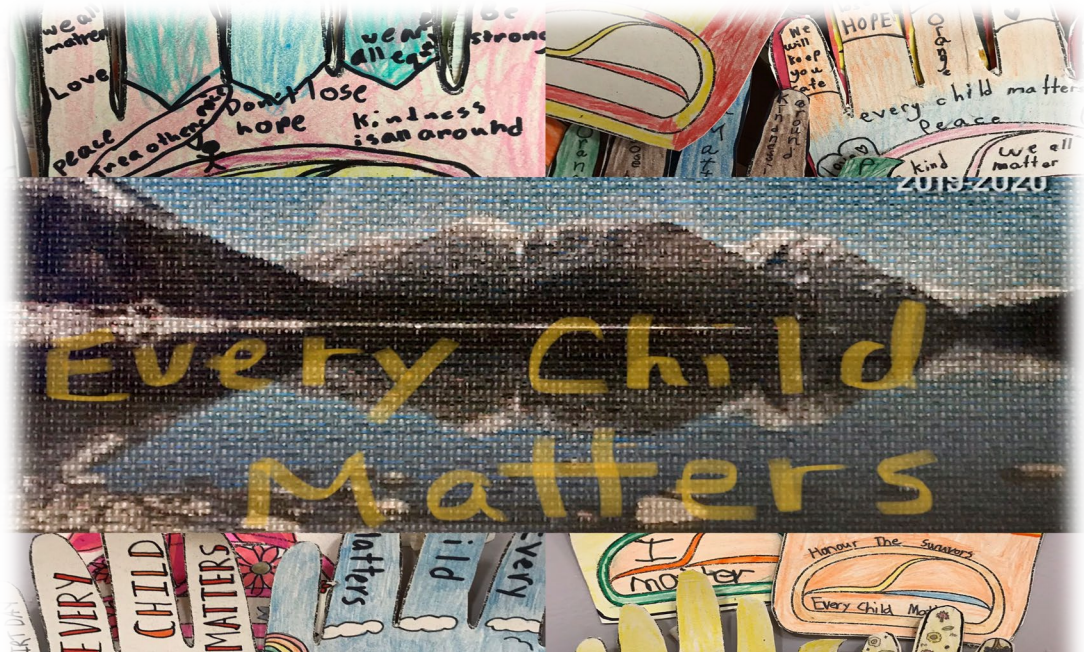
Coming up we have a free transit week in BC starting October 4-10 for families who wish to move around the city! We also have a few holidays and Professional Development Days this month with Thanksgiving on October 12 and a Provincial Pro-D on October 23.

Our District Association for Community Schools will meet on October 29th; see Shaz if you're interested in more information. (shahzyah.juma@burnabyschools.ca) Rotary Coats and Boots for kids will be visiting schools this month to support those most in need. Please request support from Shaz if you require any food, clothing or resources. No used items will be collected or distributed at this time due to covid-19 restrictions.

Please feel free to contact the main office or the community office if you require any further support or information. Please find attached details for the Christmas bureau this year. If you require support, please see Shaz as soon as possible to avoid disappointment!

Best wishes,
Shahzyah Juma
Community School Coordinator

Dave Heard
Principal





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information children

WORKSHOPS AND PARENT GROUPS – FALL 2020

INFORMATION CHILDREN
The Canadian Society for Information Children is a registered charity and non-profit agency that strives to empower parents and strengthen families by providing information, guidance and support to parents, caregivers and professionals seeking assistance with parenting and family-life challenges. To this end Information Children facilitates workshop series on various topics as well as parenting support groups and operates a helpline, provides e-support, individual parent coaching and distributes pamphlets on child development and parenting topics.

All our services are available at **NO CHARGE** for parents

CONNECT
HELPLINE:
778 782 3548

Info@InformationChildren.com
www.InformationChildren.com
[Facebook.com/InformationChildren](https://www.facebook.com/InformationChildren)

PARENT COACHING
Walk and Talk in the Park:
One to one Parent coaching while enjoying the fresh air and getting some exercise. Book your session by phone or email.
Online through Zoom:
Book your session by phone or email.
Phone appointment:
Call our helpline or book an appointment for a one on one parent coaching session.
Throughout Fall and weather permitting for Walk and Talk in the Park.

NEW PARENTS GROUP – THE FIRST MONTHS
Online
Support group for new parents – recommended for parents with babies ages 0-6 months. Preregistration required.
Tuesday September 22 – October 27 – weekly from 10:30am-12:00

PARENTING THE MIDDLE YEARS
Online
Supportive and educational parenting series for parents with children 6-12 years. Topics covered include socio-emotional development, temperament, parenting styles, stressors of parenting in a pandemic. Preregistration required.
Tuesday September 29 – November 3 – weekly from 1:00pm-2:30pm

CIRCLE OF SECURITY
Evidence based parenting series based on attachment theory.
Online (In collaboration with Parent Support Services BC)
Tuesday October 6 – November 12 – weekly from 10:00am-11:45am
Preregistration/questions daniela.alvarado-torres@parentsupportbc.ca or call 669-1616 ext 106
In collaboration with East Side Family Place
Friday October 23 – December 11 – weekly from 1:00-3:00pm
Preregistration/questions Gaye.Ferguson@EastSideFamilyPlace.ca Call: 604-255-9841

Burnaby Neighbourhood House
Settlement and Integration Program
4442 Bedford Street, Burnaby, BC V5H 0E8, Tel: 454-411-0440

Lynn's Cooking Connection

Dates: Every Thursday, from October 1 to December 10, 2020
Time: 10 am – 12 pm
Venue: ZOOM (invitation link will be sent to registered participants)

REGISTRATION IN ADVANCE IS REQUIRED
To register, please contact Elva: Elva@burnabybh.ca

This program is funded by IRCC. Priority will be given to Permanent Residents and Convention Refugees.

Our sessions will let you try new recipes in the comfort of your own home:

- learn to cook new foods including healthy Canadian dishes
- meet new friends and practice English
- discover how to save money on groceries

Sponsors: Burnaby Neighbourhood House, Settlement and Integration Program, 4442 Bedford Street, Burnaby, BC V5H 0E8, Tel: 454-411-0440
Partners: Immigration, Refugees and Citizenship Canada
Thanks to: Immigration, Refugees and Citizenship Canada

Lynn's Cooking Connection

Introduction Notes

Welcome to Lynn's Cooking Connection – or Zoom cooking group!
You have successfully registered for our free program. We will cook together during 10 welcome sessions. With Lynn, we meet for the comfort and safety of our own kitchens.

Our meeting time is Thursday, from 10 am until 12 noon. (No cooking group on October 15th)

Zoom link: <https://zoom.us/j/91194424540>
Meeting ID: 911 9442 4540
Passcode: 712741

We have reserved a special spot for you in our small group that is funded by Immigration, Refugees and Citizenship Canada (our Canadian government). Please attend our Zoom sessions every week, and please be on time. We will start promptly at 10 am, please turn on your computer/mobile ahead of time.

With our Zoom cooking groups, you can:

- learn to cook new foods including healthy Canadian dishes
- meet new friends
- discover how to save money when you buy groceries
- practice English
- share your ideas with others

Each week, I will send you recipes for our weekly cooking sessions a few days ahead of time via email. You have the option of receiving some fresh cooking ingredients from Burnaby Neighbourhood House via either of our Food Hub locations.

If you have any questions, please email Lynn at lynna@burnabybh.ca or leave her a message at 604-433-0400.

I look forward to seeing you on Thursday!

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2020 BURNABY CHRISTMAS BUREAU REGISTRATION

November 2nd – December 4th

LOCATION

Brentwood Town Centre
Old Sears Store, CRU100 - 4567 Lougheed Hwy (off Willingdon Avenue)
Main mall level, across from the children's play area.

TIMES

Monday - Friday: 10am - 4pm; Saturday: 10am - 3pm

All Christmas Bureau applicants **must** live in Burnaby.

Qualifying families will receive new toys for their children (birth-16 years).

This includes:

- Working families with low income
- Families receiving Income Assistance (Welfare)

Proof of Income will be required:

- Working Families **must** provide a CPrint for **EACH** adult, to obtain one please call: 1.800.959.8281: Press* to speak to an CRA agent or access online at: MyCRA > My Account > Proof of Income > Option CPrint
- If you are on Income Assistance (Welfare), you need to request a "Release of Information" from your Ministry Office. This will replace the CPrint.

You will also require:

- **Identification for each child** (care card, birth certificate, passport, PR card)
- **Proof of current address**

***Covid-19 Safety Protocols are in place during Christmas registration and toy pickup:**

The Christmas Bureau staff will be enforcing the BC Ministry of Health guidelines for maintaining physical distancing. All visitors will be required to wear a mask, sanitize their hands, have a temperature check, and complete a questionnaire prior to entering the site. We will provide a face mask to those who do not have their own.

Please note, for safety reasons:

- * **Only one family member** may attend for registration and toy pickup.
- * **No children** will be permitted on site.

If you have any questions or concerns, please call (604) 292-3902.